



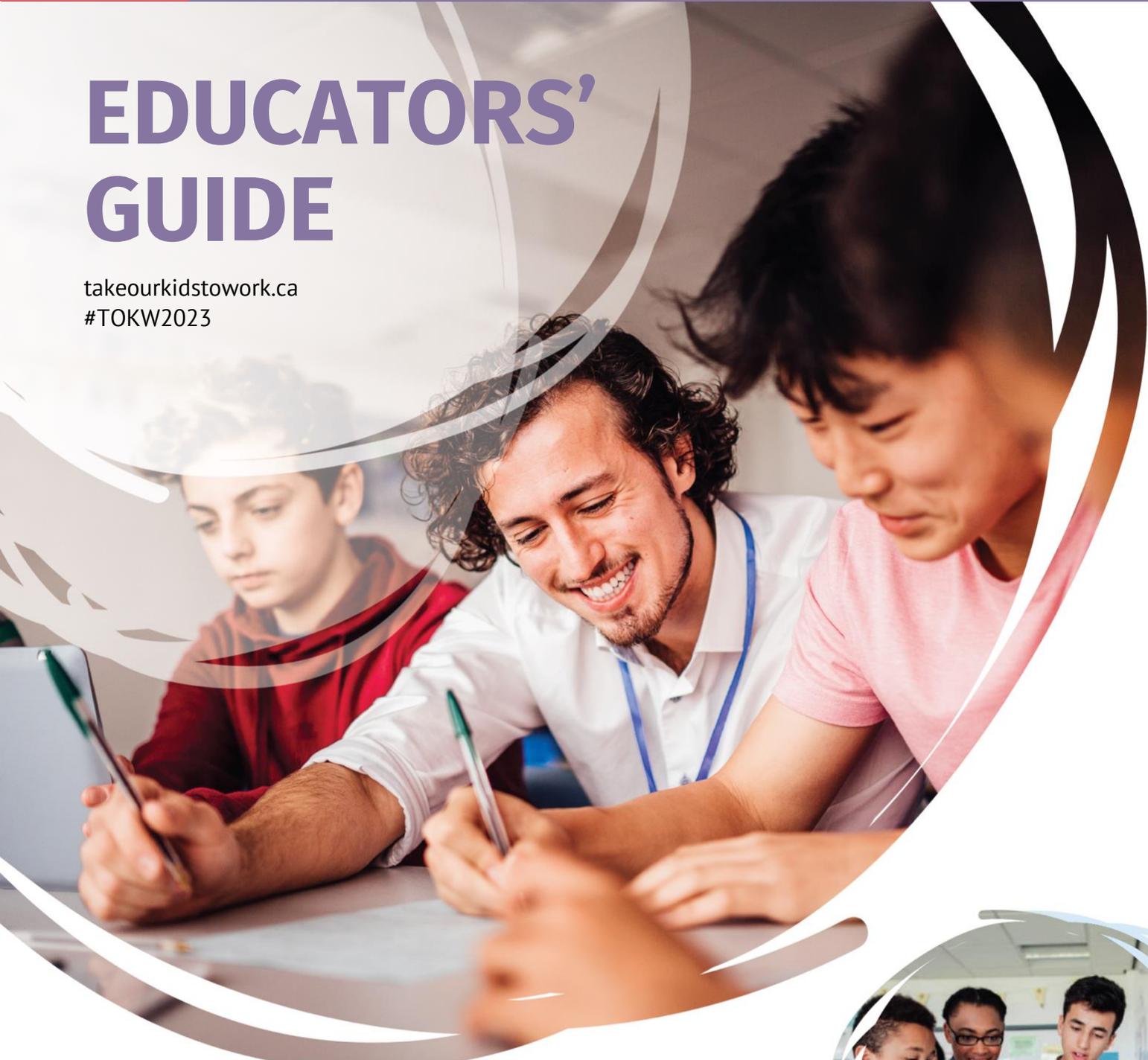
Take Our Kids to Work™

The Students Commission of Canada

EDUCATORS' GUIDE

takeourkidstowork.ca

#TOKW2023



Presented
by



Future Launch



WELCOME EDUCATORS!

Take Our Kids to Work 2023

Now led by The Students Commission of Canada, Take Our Kids to Work Day is an experiential learning opportunity for Grade 9 and Secondary III (Quebec) students across Canada offering them the chance to see the world of work firsthand, explore a variety of careers and sectors, and look at what skills are important to thrive in the world of work.

This year, on Wednesday, November 1, students, their parents, caregivers, educators, schools and workplaces will have access to a diverse range of options including pre-recorded virtual content and to supplement the exciting learning experiences being made available by employers across Canada. **Take Our Kids to Work Live!** makes it a truly national event where everyone can drop-in to a casual coast-to-coast live conversation about careers in every part of the country. Students can ask questions of **Career Advisors** and share stories of discoveries from their workplace visits with other students across Canada.

There are more ways than ever for everyone to take part in this exciting day!

Some of the possibilities:

- Students can participate in Take Our Kids to Work Day hosted by employers in their area for school groups or for individual students accompanied by parents, relatives or caregivers
- Teachers can lead students through a Take Our Kids to Work Day at school, using the video resources, the casual live streamed drop-in event and activities included in this guide
- Students can participate in the virtual Take Our Kids to Work Day Live event, access Career Advisors, and explore the video sessions from home

This event has been designed with educators like you in mind. We want Take Our Kids to Work 2023 to be easy, flexible and relevant for you and your students.

The theme for Take Our Kids to Work 2023, **Everyone Belongs Here!** Our resources, video speakers, and live stream Career Advisors feature diverse experiences and representatives. All students, regardless of their circumstances, will be empowered to see the value they hold and power they possess in making decisions about their future.

Ask for help! Questions?

info@studentscommission.ca



IN THIS GUIDE

This guide has been prepared to give educators all they need to develop a learning plan for Take Our Kids to Work Day, whether virtual or in person, in school or at home. Here's what you'll find in the pages that follow:

PART A

BEFORE: PREPARING YOUR STUDENTS

Activities to engage and prepare students for their Take Our Kids to Work Day experience, whether it is visiting an employer's workplace or in your classroom.

PART B

DURING: BRINGING THE WORKPLACE TO YOUR CLASSROOM

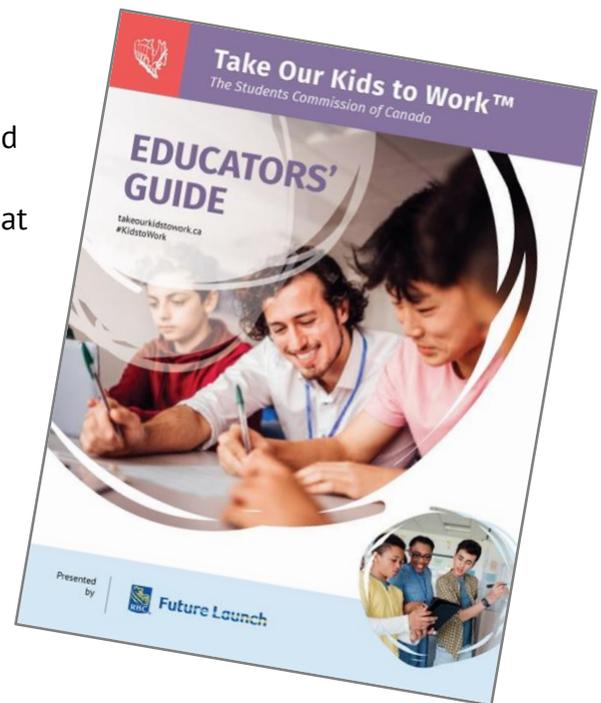
Some of ways you can incorporate Take Our Kids to Work Day into your in-person, virtual or the blended classrooms.

PART C

AFTER: REFLECTING ON TAKE OUR KIDS TO WORK DAY

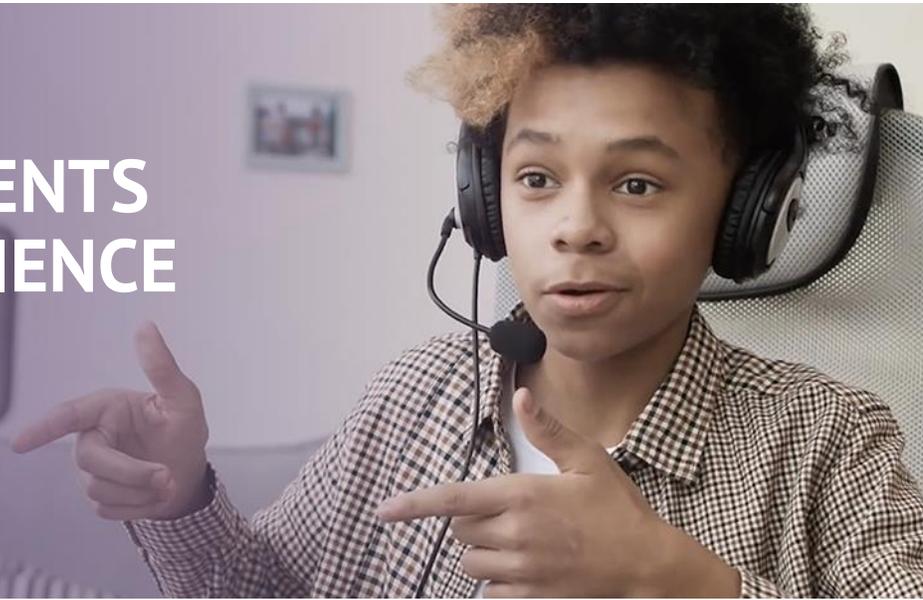
Activities for students to reflect upon the kind of day they had, what they learned, and to share their learnings. Certificates of Participation to recognize their efforts during the Day.

Registering for Take Our Kids to Work 2023 with The Students Commission of Canada gives you access to all the details about the event, the resources, webinars to assist in planning and updates about **Take Our Kids to Work Live!** Signing up provides reminders and links to the recordings and resources for previewing all materials before they go live for students on November 1.





PART A: BEFORE PREPARING STUDENTS FOR THEIR EXPERIENCE



What can students expect on Take Our Kids to Work Day?

The following checklist outlines what students can expect during Take Our Kids to Work 2023. Review the list with your students before November 1.

On Take Our Kids to Work Day, students can:

- Watch the cornerstone kick-off – **Everyone Belongs Here!** with RBC Olympian Larissa Franklin
- Engage with one or more recorded sessions, hosted by industry experts, where they, other students and parents from across Canada can choose from the following themes:
 - Advancing Diversity and Representation in Healthcare
 - Transforming Manufacturing with Advanced Technologies
 - Exploring Tech @ RBC's Strategy & Innovation Team!
 - Discovering your talents in the 21st century
 - Cultivating Green Careers of the Future
 - Diversifying the Creative Journey
- Learn from professionals about the various career paths available within different industries



and sectors, drop-in to **Take Our Kids to Work Live!** and ask questions of Career Advisors

- ☑ Ask their workplace host questions about the organization, their role, and the industry, field or sector – and often tour the workplace and job shadow an adult employee
- ☑ Engage in fun, interactive, career-related activities, workshops and demonstrations gain a deeper knowledge of today's workforce and the skills they need to be successful in the world of work

Setting the stage for a great experience!

Here are three activities that will help prepare students for Take Our Kids to Work Day regardless of how they are participating.

Pre-Activity #1: Setting goals and expectations for the day

Pre-Activity #2: Thinking about your “personal brand”

Pre-Activity #3: Managing your online reputation

Pre-Activity #4: My Values

Pre-Activity #5: Operation Dream Quest





Pre-activity #1: Setting your goals and expectations!

Have students complete Part A of this student planning worksheet before Take Our Kids to Work Day. After the day, they will return to it to complete Part B.

Worksheet for Students (Pre-activity #1)

Goals & Expectations of Take Our Kids to Work Day

Part A: Before Take Our Kids to Work Day

3 things I expect to experience during my Take Our Kids to Work experience:

1.
2.
3.

3 questions I hope to have answered during my Take Our Kids to Work experience:

1.
2.
3.



Part B: After Take Our Kids to Work Day

3 things I learned during my Take Our Kids to Work experience:

- 1.
- 2.
- 3.

3 careers or jobs I encountered during my Take Our Kids to Work experience:

- 1.
- 2.
- 3.

3 opportunities I am excited about after my Take Our Kids to Work experience:

- 1.
- 2.
- 3.



Pre-activity #2: Thinking about your “personal brand”

This activity helps students think about the characteristics and traits they possess that comprise their “personal brand,” i.e., the unique combination of skills, experience, and personality that they have and want the world – and a future employer! – to see.

Step 1:

Ask students to think of some well-known brands (e.g., clothing, mobile phones, cars). What qualities or features do they identify with each brand? How does each brand differ?

Step 2:

Ask students to think about anyone they know who has a personal brand, such as a celebrity or famous influencer. How would they describe that person’s brand? How does it distinguish them from other people?

Step 3:

Ask students to think about their own personal brand. Using the characteristics/qualities they generated in Steps 1 and 2, or adding new ones of their own, have the students list their own unique qualities, skills, attributes, interests and personal traits that comprise their “personal brand.” Ask them to think about how these qualities/attributes show up in the world. How do they express these qualities in their activities, behaviour, personal style?

Step 4:

Have students find or create an idea board, drawing, collage, video, story or social media post that they think reflects their personal brand.

TIP

Extension Idea: Following Take Our Kids to Work Day, ask students to identify a company (i.e., a brand) they encountered during their experience. Repeat Step 1. Ask the student if, and how, the employees that they met demonstrated the company’s brand and what impact that had on their impression of the company.



Worksheet for Students (Pre-activity #2)

Your “Personal Brand”

Think of a well-known brand (e.g., clothing, mobile phones, cars). What qualities or features come to mind that describe this brand? How does this brand differ from others like it?

Brand:

Qualities/characteristics of this brand:

1.
2.
3.

Think about someone you know who has a personal brand, such as a celebrity or famous influencer. How would you describe that person’s brand? How does it distinguish them from other people?

Celebrity/Influencer:

Personal qualities of this celebrity/influencer:

1.
2.
3.



What are three characteristics, attributes, skills, interests or personality traits about YOU that are part of your personal brand? How do you express these in your activities, behaviour, or personal style?

Quality 1:

How I express this quality:

.....
.....
.....

Quality 2:

How I express this quality:

.....
.....
.....

Quality 3:

How I express this quality:

.....
.....
.....



Pre-activity #3: Managing your online reputation

Explain that a personal brand can be built or extended online. It forms part of our online reputation. Emphasize the importance of building a positive online brand and reputation, and the dangers of posting anything that may be misinterpreted or could offend other people. This is also known as ‘netiquette’, i.e., the use of good manners in online communication such as email, forums, blogs, and social networking sites.

Remind the students that the internet is a public place. Anything posted online is likely to exist forever. It is like an “electronic tattoo.”

A positive personal brand and online reputation can be advantageous and will likely be seen by any future employer, so students need to think carefully about what they share, how it will be perceived by other people, and whether they might regret it later.

Part 1:

Ask students to read and think about Nadia’s, Jordan’s and Willow’s scenarios and generate ideas about the kinds of content that might reflect either positively or negatively on these individuals’ personal brands, if shared online.

Part 2:

Ask students to come up with some ideas of what they would do, if they were in Nadia’s, Jordan’s or Willow’s position, to try to repair any damage done to their personal brand.



Worksheet for Students (Pre-activity 3)

Managing your online reputation

Nadia is a basketball player who has led her high school team to several regional championships. She wants to study for a degree in sports medicine and has ambitions to be a coach and sports ambassador working with young people.

Types of content that would reflect POSITIVELY on Nadia’s personal brand:

.....

.....

.....

Types of content that might reflect NEGATIVELY on Nadia’s personal brand:

.....

.....

.....

Jordan is a member of his student council, an active volunteer with a local environmental charity, interested in environmental studies, and wants to become an environmental lawyer – maybe even a politician! – to help address the issue of climate change.

Types of content that would reflect POSITIVELY on Jordan’s personal brand:

.....

.....

.....



Types of content that would reflect NEGATIVELY on Jordan's personal brand:

.....

.....

.....

Willow is a budding artist with a talent for drawing and painting. She wants to attend art school and make her living using her art to address social justice issues that are important to her, like Indigenous rights and poverty in Canada and around the world. She has a strong interest in children and would also like to become an art teacher or a children's art therapist.

Types of content that would reflect POSITIVELY on Willow's personal brand:

.....

.....

.....

Types of content that would reflect NEGATIVELY on Willow's personal brand:

.....

.....

.....



Pre-activity #4: My Values

When we name our values, it's easier for us to act in line with them. As a family, each member can do this activity at the same time and compare your answers. If your child is unsure about some of these words, it can bring great conversations.

Circle the five values on this list that are the most important to you¹.

Achievement	Fairness	Integrity	Respect
Adventure	Faith	Joy	Self-discipline
Authenticity	Family	Justice	Self-expression
Balance	Freedom	Kindness	Self-respect
Belonging	Friendship	Knowledge	Spirituality
Community	Future generations	Leadership	Sportsmanship
Compassion	Generosity	Legacy	Success
Connection	Giving back	Love	Teamwork
Cooperation	Growth	Loyalty	Tradition
Creativity	Health	Making a difference	Trust
Dignity	Honesty	Nature	Uniqueness
Diversity	Hope	Openness	Vulnerability
Environment	Humility	Optimism	Well-being
Equality	Inclusion	Perseverance	Wisdom

Write your own:

.....
.....

Discuss:

Why did you pick these values?

Which ones almost made your top 5? Why not?

How can these values be reflected in a job, in the workplace?

¹ Adapted from Brené Brown: <https://daretolead.brenebrown.com/wp-content/uploads/2019/02/Values.pdf>



Pre-activity #5: Operation Dream Quest

Now is your chance to think through your goals, dreams and the change you are going to create. When your family or friends look back on this time right now, what do you hope they will remember about you? What do you need to learn or do to accomplish your mission?

Who's on your superteam to help make it happen?

What's the first step you should take?

Which people/groups should you reach out to?

What skills do you have now?

What do you need to learn?

YOUR MISSION

How will you know your mission is complete?

How do you hope people will remember your mission?



PART B: DURING BRINGING THE WORKPLACE TO YOUR CLASSROOM

Here are some ideas for incorporating Take Our Kids to Work Day resources into your own in-person, virtual or blended classrooms.

The Students Commission of Canada has produced six unique virtual Take Our Kids to Work Day session videos. These components may be used by workplace hosts, by teachers in their classrooms, or by parents and caregivers with students at home. More students will be able to access more diverse workplace experiences than ever before!

The Students Commission of Canada's resources are designed to be:

- ✓ **Modular:** You can select which sessions you want your students to see and include all or some in your day. Each session is designed to be 45 minutes to be compatible with your teaching schedule.
- ✓ **Flexible:** Each session plus the *interactive Take Our Kids to Work Live!* will be available throughout the day. And each will be available after the day so you can extend the curriculum if you choose.
- ✓ **Inspiring, accessible, relevant and fun!**

Registering for Take Our Kids to Work 2023 with The Students Commission of Canada gives you access to all the details about the event, the resources, webinars to assist in planning and updates about *Take Our Kids to Work Live!* Signing up provides reminders and links to the recordings and resources for previewing all materials before they go live for students on November 1. The themed sessions will include activity sheets that you can use in your classroom after students view the session.



How to Access the Recorded Sessions and Virtual Event

Everyone Belongs Here!

This cornerstone virtual event is an uplifting way to kick off the day, bringing a message of purpose and belonging to students, their parents and educators alike. The 45-minute pre-recorded video sets the stage for a great Take Our Kids to Work Day and is available afterwards to use as part of your regular curriculum. RBC Olympian Larissa Franklin will share her journey in high-performance sport and her career emphasizing resilience and self-discovery. Students from across Canada will ask questions and a panel of experts from diverse industries will provide their insights and tips. Available in English and French.

Theme sessions

These 45-minute videos feature seven different career themes., Hosted by dynamic and interactive industry experts, they offer more options than ever before for students to encounter numerous professionals, sectors and industries. Each session is available for viewing throughout the day, and after the day. All will be available in English and some in French.

Take Our Kids to Work Day Live!

All day November 1, 2023, your employees, visiting students and their families can drop-in to a casual coast-to-coast live stream event. Ask questions of **Career Advisors**. Share stories of discoveries from

Register and learn more
www.studentscommission.ca
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workplaces with other students and employers from across Canada. Moderated in English and French.

How to access the virtual recorded 2023 resources

You can register any time or update your registration at <https://www.studentscommission.ca/en/take-our-kids-to-work>

After registration, access videos, guides, planning webinars, related materials, links and the recording of ***Everyone Belongs Here!*** for pre-planning purposes.

Everyone Belongs Here! and themed sessions will go live for public viewing by students, families and employers to view all day on Wednesday, November 1 on our website and The Students Commission [YouTube channel](#), plus post event day.

You can view each session as a class or share the links with your students so that they can watch and participate individually.





Sample Agenda: Take Our Kids to Work Day in the Classroom

This agenda includes The Student of Commission of Canada’s 2023 cornerstone kick-off video – ***Everyone Belongs Here!*** – six themed session videos and Take Our Kids to Work Live, where students, teachers and employers can drop-in to a casual coast-to-coast live stream event. Use it in part or in full to inspire learning about careers with your class!

TIME	ACTIVITY
9:00 - 9:20 a.m.	<p>Setting goals and expectations</p> <p>See pre-activities in this guide for inspiration.</p> <p>Set-up Cornerstone video: Take Our Kids to Work is a national event, with thousands of students participating and your career exploration may take you anywhere across Canada.</p>
9:20 – 9:50 a.m.	<p>View the cornerstone kick off video – Everyone Belongs Here!</p> <p>Watch as a group or share the link (if you haven’t yet done so) for students to view.</p>
9:40 – 12:00 p.m.	<p>View the pre-recorded 2023 Take Our Kids to Work themed sessions</p> <p>Students and teachers can choose the themed sessions that appeal to them. For each session there are suggested post-video discussion questions and activities for group or solo work.</p>
9:40 – 12:00 p.m.	<p>Share <i>link for the moderated Take Our Kids to Work Live!</i> Your students can interact with other students and career experts from across Canada throughout the day. Ask questions of Career Advisors. Hear stories of discoveries from diverse workplaces across Canada.</p>
12:00 – 12:50 p.m.	<p>Lunch</p> <p>May include entertainment or a fitness break.</p>
12:50 – 3:00 p.m.	<p>Continue watching Take Our Kids to Work themed sessions, doing post session activities and participating in Take Our Kids to Work Live!</p>
3:00 – 3:15 p.m.	<p>Wrap up and Presentation of Certificates of Participation</p> <p>Suggested reflection questions:</p> <ul style="list-style-type: none"> • What skill do I want to focus on developing in the year ahead? • What is one question I still have after Take Our Kids to Work Day? • Who may be able to help me answer this question? <p>Ask students to fill out quick quiz and present Certificate of Participation.</p>





Themed Session Descriptions

- Everyone Belongs Here! Cornerstone Kick-off
Showcasing self-discovery, resilience and play in career exploration
- Advancing Diversity and Representation in Healthcare
People Power People
- Transforming Manufacturing with Advanced Technologies
The future of making in the digital era
- Exploring Tech @ RBC's Strategy & Innovation Team!
Boost your artificial intelligence
- Discovering your Talents in the 21st Century
The Art of Work today, tomorrow and forever
- Cultivating Green Careers of the Future
Diversifying sustainable career pathways
- Diversifying the Creative Journey
The Art, Media, and Design Industry



Everyone Belongs Here! Cornerstone Kick-off **Showcasing self-discovery, resilience and play in career exploration**

Presented by RBC Future Launch

Welcome to a day of discovery. So often, we don't know what we don't know. That can limit what and who we aspire to be. Everyone deserves insights into all the possibilities ahead, the opportunity to explore how their talents match jobs of today and tomorrow. Our goal is to introduce you to as many happy people with diverse career stories as you have time for today and in the year ahead. *Everyone belongs here!* is our theme for introducing a world of endless possibilities and ways of meeting some challenging realities. In this session, RBC Olympian Larissa Franklin kicks us off with her journey in high-performance sport, emphasizing resilience and self-discovery in the career journey. Sharif Mahdy goes from camper to CEO of a national charity for youth. In addition, some young Canadians will share their lived experience such as how they turned a teenage career in anti-racism work into a career in corporate banking and social responsibility or went from attending a youth conference to Deputy Chief. We'll finish up suggesting you check our Career Advisors featured on the website who will be available throughout the day for live interaction in our Take Our Kids to Work Live! Drop-in livestream

Register and learn more
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Advancing Diversity and Representation in Healthcare People Power People

Sponsored by McKesson Canada

Some of the best jobs and companies in health care aren't household words. Take a peak! Discover the vast range of careers hidden away in the health care and pharmaceutical industry. This session showcases the importance of diversity within the healthcare sector and how it positively impacts patient care. Engage in a panel conversation with experts from diverse backgrounds, who provide valuable insights and personal experiences from different career journeys. Gain knowledge about essential connections that make health care smarter, expanding access and reducing waste. Explore how partnerships between key players create a world of better health. Take a look at the range of resources, support, and technology offered by the diversity of all these partnerships, improving the industry.

McKesson Canada operates like a central nervous system of health care, partnering with key players in the health care industry for more than 100 years.

Transforming Manufacturing with Advanced Technologies The future of making in the digital era

Sponsored by NGen, Next Generation Manufacturing Canada

Discover the cutting-edge world of Advanced Manufacturing and its impact on industries and careers. Join industry leaders and experts as they showcase breakthrough technologies and innovative solutions. Explore the diverse opportunities within this dynamic sector and learn about the skills needed to thrive in the "future of making." Youth will submit video questions for panelists to provide valuable insights and inspiration for your journey in the world of Advanced Manufacturing. Don't miss this chance to explore how creativity, technology, and entrepreneurship come together in shaping a sustainable future.

NGEN is the industry-led, non-profit organization leading Canada's Global Innovation Cluster for Advanced Manufacturing.

Exploring Tech @ RBC's Strategy & Innovation Team! Boost your artificial intelligence

Sponsored by RBC Future Launch

Hear from employees and co-op student about what it's like to work with RBC's strategy and innovation team 'TechLabs'. They will share what it's like to be part of Tech@RBC, and their tech careers working technologies like Generative AI and Immersive Technology. They'll also share some surprises they've learned along the way!



RBC Future Launch is an important player in helping young Canadians accessing a variety of opportunities to develop the skills they need for a bright future.

Discovering your Talents in the 21st Century ***The Art of Work today, tomorrow and forever***

Plum io, Shad Canada, International Experiences Canada, The Students Commission of Canada

Dive into the world of 21st-century skills and their relevance in today's job market. New jobs, new careers are being created every day. Your talents, your skills can lead you to success in more jobs than perhaps anyone knows. Discover the key skills and competencies that employers seek in today's workforce or kick-start you into your own business. This session offers insights into how to discover and strengthen your talents and skills every year you are in high school, through work, volunteering and travel. Panelists will share their stories of discovering and harnessing their talents, moving from building one business, to another and then another. Discover how to align your unique strengths and talents with jobs and careers that energize you. Discover how you can travel, within and outside of Canada with programs that prepare students for the challenges of the future. The session highlights various success stories and showcases real-life examples of young and older individuals who have honed their 21st-century skills to excel in their careers. Panelists will respond to youth-submitted video questions, providing personalized insights and advice to inspire and empower young participants on their career journeys.

Plum is a Talent Platform, that provides employers data-driven insights to empower individuals to find career opportunities that align with their unique strengths and talents. Shad Canada offers a month-long summer program in 22 universities across Canada focused on STEAM and entrepreneurship for grade 10 and 11 students. International Experience Canada (IEC) offers Canadians the opportunity to work and travel abroad. The Students Commission of Canada offers skill building programs for youth through conferences, volunteering, youth advisories, employment and social justice projects.

Cultivating Green Careers of the Future ***Diversifying sustainable career pathways***

Explore the future of green careers, helping to repair, improve and preserve the environment. Get a sense of how industries are innovating and understand the importance of sustainability in today's world. This session will feature a section where key actors of the sector respond to youth video-submitted questions, addressing specific inquiries and inspiring participants to consider careers in the





green economy. Hear from Rodney, whose work for social change as a teenager taught him skills that led him from a heavy equipment operator to a successful management career in the oils and how he now balances two worlds, protecting and preserving the environment in his reserve and working for change in industry.

Diversifying the Creative Journey **The Art, Media, and Design Industry**

This session focuses on art, media, and design careers. Explore the diverse and dynamic world of creative industries and learn about the exciting opportunities they offer. Engage in discussions with experts and professionals from the art, media, and design sectors, gaining valuable insights into their journeys and experiences. Discover the power of creativity, storytelling, and innovation in these industries and how they shape our culture and society. This session will also provide an interactive element where panelists respond to youth video-submitted questions, offering personalized advice and encouragement to aspiring young creatives.





PART C: AFTER REFLECT ON TAKE OUR KIDS TO WORK DAY



Here are four activities educators may complete with their class following Take Our Kids to Work Day. These activities allow students to reflect on their day and identify what they learned.

Post-activity #1: Take Our Kids to Work Day reflection

Engage the class in a discussion about their Take Our Kids to Work Day experience and encourage students to share highlights of the day (e.g., a presentation that was made, guest speaker, their favorite activity, etc.).

On the Goals & Expectations worksheet that students completed prior to Take Our Kids to Work Day (see pre-activity #1 in this guide), have students list three things that they learned during their workplace experience as well as reflect and assess whether they met their goals for Take Our Kids to Work Day.

Post-activity #2: Dream job

Encourage students to creatively describe their dream jobs and the five skills they need to do these jobs. Consider guiding students to a job site, if they have time, to research different job titles.

You may want to provide a list of the global competencies (below) as a starting point for what types of skills students may include.

Students can present their ideas through a poem, song, rap, infomercial, etc.

Students are also encouraged to include a photograph or drawing representing their dream jobs.



Global Competencies



Creativity,
Innovation and
Entrepreneurship



Critical Thinking
and Problem
Solving



Global Citizenship
and Sustainability



Collaboration



Communication



Self-Directed Learning
(Learning to Learn)





Post-activity #3: Career research options

Educators are encouraged to present the following career research options to their students. These research options provide students with resources that may assist them as they begin career planning.

RBC's UpSkill™ – How is RBC UpSkill™ different from other career tools? Powered by the technology of FutureFit AI[†] RBC UpSkill™ is like having your very own virtual career assistant at your fingertips;

- It takes the time to get to know you, so it can identify careers that are smart choices for you.
- It uses millions of data points to give you the best recommendations
- It helps you put together a learning plan that maps a clear path towards your goals.
- It guides and coaches you through your career preparation journey.
- It helps you discover and prepare for the job you truly want.

Go to [RBC UpSkill](#). Select 'Try The Tool' (half-way down page) and follow along.

Step 3 asks for Employment & Volunteer Experience. Ask students to reflect on what may be relevant including their extra-curricular and volunteer experiences. Skills are transferrable after all! If the student doesn't have any relevant experience, no problem! Click ellipses [...] and select the trash bin button before choosing 'Next Step'.

[Xello](#) is a useful website for students for career exploration and planning.

[16Personalities](#) is a website where students can learn more about their personality traits and the careers that best fit with those traits. After taking the personality quiz, students are provided with a list of possible career options allowing students to learn more about themselves and their interests.

[Indeed](#) and [Workopolis](#) are commonly used job sourcing websites. Students can browse these websites to explore roles, career options, and the skills and qualifications required to perform different jobs.





Post-activity #4: Sharing My Stories

We all have a story to tell about this day and we are still writing our story! This is a space for students to reflect on their experiences right now and how they picture the next chapters.



Draw the cover of your story:

A book written by:

Title: What would the title of your story be?

Dedication: Who would you dedicate your story to? It could be yourself, a quote you resonate with, or an inspirational individual:

Introduction: What is there to know about the author? Where does the story begin?

What chapter are you at now? Chapter title:

What does your current chapter include? Where are you at now? What are some accomplishments and feelings about this specific chapter?

What would you like future chapters to look like? What are some of your hopes, dreams, and visions you would like to see in your future chapters?



Post-activity #5: My Memory Jar

Use the following activity with your students: Imagine you are putting together a Memory Jar of your day for your friends and family to discover. What is important to you and the way you lived your day? What do you want people to remember you as? What are some things you want future generations to know about your generation? Fill up your jar with drawings, photos, words, stickers, website/link you love, etc.

Favourite book/movie/website:
.....

Your personal motto:
.....

Things impacting youth your age right now:
.....
.....

How you and your friends spend time:
.....

Theme song of this year:
.....

Message to future self or future generations:
.....
.....
.....

Hopes/visions of what the future looks like:
.....
.....
.....

Anything you want to add:
.....
.....



Student permission form for in-person workplace visits

Schools may choose to use [this permission form](#) with students who are visiting in-person workplaces. Parents/guardians may also need to complete a separate form mandated by your school board/district policies. Please check with your principal.

End of Event Survey form for in-person or in-school workplace visits

Schools will be asked to use a short with teachers and students to help us inform next year's Career Advisors and employers offering work place experiences on what has worked well and what could be improved and expanded upon.



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Future Launch



Take Our Kids to Work™

The Students Commission of Canada

We want to thank our generous supporters for Take our Kids to Work 2023



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NGen

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McKESSON
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